

State-By-State Links to Apply for Unemployment Benefits and Other Job and Employment Seeking Resources

- Unemployment benefits are based off your work location, not your residence.
- Refer to information specific to the jurisdiction where your employer pays unemployment taxes to receive guidance on how to enroll.
- Unemployment applications are reviewed on an individual basis. Don't make assumptions about your eligibility based on how you were separated from the government.

[Apply for Unemployment Benefits through the Virginia Employment Commission](#)

- If you are a federal employee who has been terminated, you may be eligible for unemployment benefits through the Virginia Employment Commission.

[Visit Virginia Workforce Connection](#)

- This site contains a wealth of information about how to apply for benefits; job listings; resume writing workshops; etc., including jurisdiction-specific contact and other information.

[Apply for Unemployment Benefits through the DC Office of Unemployment Compensation](#)

[Apply for Unemployment Benefits through the Maryland Division of Unemployment Insurance](#)

[Visit Maryland's Resource Page](#)

- This site links to and describes resources for Former Federal Employees and other workers impacted by the restructuring of the federal government.
- The Office of Senator Chris Van Hollen also provided [additional information](#) about unemployment insurance and other resources available in the State of Maryland.