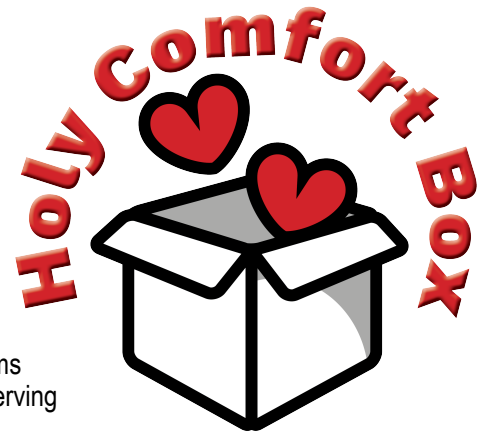


“HOLY COMFORT” BOX CONTENT SUGGESTIONS



OVERALL GUIDELINES:

- We expect to fill each box with about 2 dozen small items
- Please—nothing perishable, no breakables, and no homemade food items
- All edibles should be purchased and prepackaged/sealed in individual serving portions
- No individual bags of chips, popcorn, Fritos, etc.—too bulky
- No large, bulky or heavy items (cans, books, etc.)—postage is costly!
- Individual items should cost no more than about \$1.00 per item, and less is fine
- Items should be gender neutral—appropriate for either males or females

SUGGESTIONS – EDIBLES:

- Small, individual bags of snack foods (nuts, cookies, trail mix, etc.)
- Pringles chips “snack stacks” individual serving tubs
- “Fun size/snack size” candy bars, M&M’s, tins of mints or Tic Tacs, etc.
- Individually wrapped bags of microwaveable popcorn
- Small boxes of raisins, dried fruit or packs of fruit leather
- Small packs of crackers, cracker/peanut butter sandwiches, etc.
- Packs of chewing gum
- Energy/breakfast bars
- Individual packets of hot cocoa mix (i.e., add water)
- Individually wrapped/sealed tea bags (e.g., Bigelow & Twinings)
- Individually wrapped/sealed coffee servings
- Individual packets of powdered drink mixes (e.g., add to water bottle)
- Packs of spiced cider mix
- Individual packs of Cup-a-Soup
- Individual packs of instant oatmeal

SUGGESTIONS – SUPPLIES:

- Pens, pencils
- Highlighters
- Small packs of Post-it notes
- Small packs of tissues
- Individual hand sanitizer packets
- Chap sticks

SUGGESTIONS – OTHER:

- Rubber band balls, bouncy balls, silly putty, cards, little toys or games
- \$1.00 value McDonald’s gift certificates

QUESTIONS? Please contact Joni Langevoort at jlangevoort@gmail.com.