



The First Sunday in Lent

Church of the Holy Comforter – Vienna, Virginia
The Holy Eucharist Rite II

February 26, 2023 at 9:30 A.M.

OPENING VOLUNTARY: Prelude on *Aus der Tiefe rufe ich* (Hymn 150)

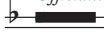

Johann Sebastian Bach

THE ENTRANCE



THE GREAT LITANY

Enriching Our Worship

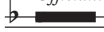
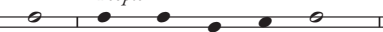
Sung by all as indicated, standing.

Officiant  *People* 



Holy God, Creator of heaven and earth, Have mer - cy on us.

Officiant  *People* 

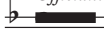
Holy and Mighty, Redeemer of the world, Have mer - cy on us.

Officiant  *People* 


Holy Immortal One, Sanctifier of the faith - ful, Have mer - cy on us.

Officiant  *People* 

Holy, blessed, and glorious Trinity, One God, Have mer - cy on us.

Officiant 

From all evil and mischief; from pride, vanity, and hypocrisy;

People 


from envy, hatred, and malice; and from all e - vil in - tent, Sa - vior de - liv - er us.

(This same response is sung after the petitions that follow.)


Officiant  *People* 

Hear our prayers, O Christ our God. Hear us, O Christ.


(This same response is sung after the petitions that follow.)

Officiant 

Give us true repentance; forgive us our sins of negligence and ignorance and our deliberate sins;



and grant us the grace of your Holy Spirit to amend our lives according to your word.

People 

Ho - ly God, Ho - ly and Might - y, Ho - ly Im - mor - tal One, Have mer - cy on us.

THE COLLECT OF THE DAY

The Lord be with you. **And also with you.** Let us pray.

Almighty God, whose blessed Son was led by the Spirit to be tempted by Satan: Come quickly to help us who are assaulted by many temptations; and, as you know the weaknesses of each of us, let each one find you mighty to save; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

THE WORD OF GOD

THE FIRST LESSON [*The people are seated.*]

Genesis 2:15-17; 3:1-7

The LORD God took the man and put him in the garden of Eden to till it and keep it. And the LORD God commanded the man, "You may freely eat of every tree of the garden; but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die." Now the serpent was more crafty than any other wild animal that the LORD God had made. He said to the woman, "Did God say, 'You shall not eat from any tree in the garden?'" The woman said to the serpent, "We may eat of the fruit of the trees in the garden; but God said, 'You shall not eat of the fruit of the tree that is in the middle of the garden, nor shall you touch it, or you shall die.'" But the serpent said to the woman, "You will not die; for God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil." So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate; and she also gave some to her husband, who was with her, and he ate. Then the eyes of both were opened, and they knew that they were naked; and they sewed fig leaves together and made loincloths for themselves.

The Word of the Lord.

Thanks be to God.

PSALM 32 *Beati quorum*

James Nares

Sung by the choir.

- 1 Happy are they whose transgressions are forgiven, *
and whose sin is put away!
- 2 Happy are they to whom the LORD imputes no guilt, *
and in whose spirit there is no guile!
- 3 While I held my tongue, my bones withered away, *
because of my groaning all day long.
- 4 For your hand was heavy upon me day and night; *
my moisture was dried up as in the heat of summer.
- 5 Then I acknowledged my sin to you, *
and did not conceal my guilt.
- 6 I said, "I will confess my transgressions to the LORD." *
Then you forgave me the guilt of my sin.
- 7 Therefore all the faithful will make their prayers to you in time of trouble; *
when the great waters overflow, they shall not reach them.
- 8 You are my hiding-place;
you preserve me from trouble; *
you surround me with shouts of deliverance.
- 9 "I will instruct you and teach you in the way that you should go; *
I will guide you with my eye.
- 10 Do not be like horse or mule, which have no understanding; *
who must be fitted with bit and bridle,
or else they will not stay near you."
- 11 Great are the tribulations of the wicked; *
but mercy embraces those who trust in the LORD.
- 12 Be glad, you righteous, and rejoice in the LORD; *
shout for joy, all who are true of heart.

THE SECOND LESSON

Romans 5:12-19

Just as sin came into the world through one man, and death came through sin, and so death spread to all because all have sinned—sin was indeed in the world before the law, but sin is not reckoned when there is no law. Yet death exercised dominion from Adam to Moses, even over those whose sins were not like the transgression of Adam, who is a type of the

one who was to come. But the free gift is not like the trespass. For if the many died through the one man's trespass, much more surely have the grace of God and the free gift in the grace of the one man, Jesus Christ, abounded for the many. And the free gift is not like the effect of the one man's sin. For the judgment following one trespass brought condemnation, but the free gift following many trespasses brings justification. If, because of the one man's trespass, death exercised dominion through that one, much more surely will those who receive the abundance of grace and the free gift of righteousness exercise dominion in life through the one man, Jesus Christ. Therefore just as one man's trespass led to condemnation for all, so one man's act of righteousness leads to justification and life for all. For just as by the one man's disobedience the many were made sinners, so by the one man's obedience the many will be made righteous.

The Word of the Lord.

Thanks be to God.

AT THE SEQUENCE, HYMN 150 "Forty days and forty nights"

Aus der Tiefe rufe ich

Sung by all, standing. During the singing of the Sequence Hymn, children through second grade may follow the Dove Cross to Children's Chapel.

THE HOLY GOSPEL

Matthew 4:1-11

The Holy Gospel of our Lord Jesus Christ according to Matthew.

Glory to you, Lord Christ.

After Jesus was baptized, he was led up by the Spirit into the wilderness to be tempted by the devil. He fasted forty days and forty nights, and afterwards he was famished. The tempter came and said to him, "If you are the Son of God, command these stones to become loaves of bread." But he answered, "It is written, 'One does not live by bread alone, but by every word that comes from the mouth of God.'" Then the devil took him to the holy city and placed him on the pinnacle of the temple, saying to him, "If you are the Son of God, throw yourself down; for it is written, 'He will command his angels concerning you,' and 'On their hands they will bear you up, so that you will not dash your foot against a stone.'" Jesus said to him, "Again it is written, 'Do not put the Lord your God to the test.'" Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendor; and he said to him, "All these I will give you, if you will fall down and worship me." Jesus said to him, "Away with you, Satan! for it is written, 'Worship the Lord your God, and serve only him.'" Then the devil left him, and suddenly angels came and waited on him.

The Gospel of the Lord.

Praise to you, Lord Christ.

THE SERMON The Rev. Jon C. Strand

A brief period of silence is observed for reflection on the sermon. The people stand for the Creed.

THE NICENE CREED *[Said by all.]*

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

THE CONFESSION AND ABSOLUTION

The Presider says

Let us confess our sins against God and our neighbor. *[All kneel in silence.]*

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.



Bless-ed is he who comes in the name of the Lord. Ho-san-na in the high - est.

The Presider continues and gives thanks to God for the reconciling work of Christ and prays over the bread and wine.

MEMORIAL ACCLAMATION

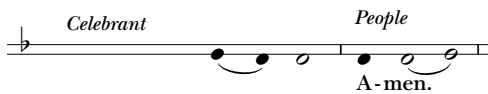
Presider Therefore we proclaim the mystery of faith:
People **Christ has died. Christ is risen. Christ will come again.**

The Presider continues

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever.



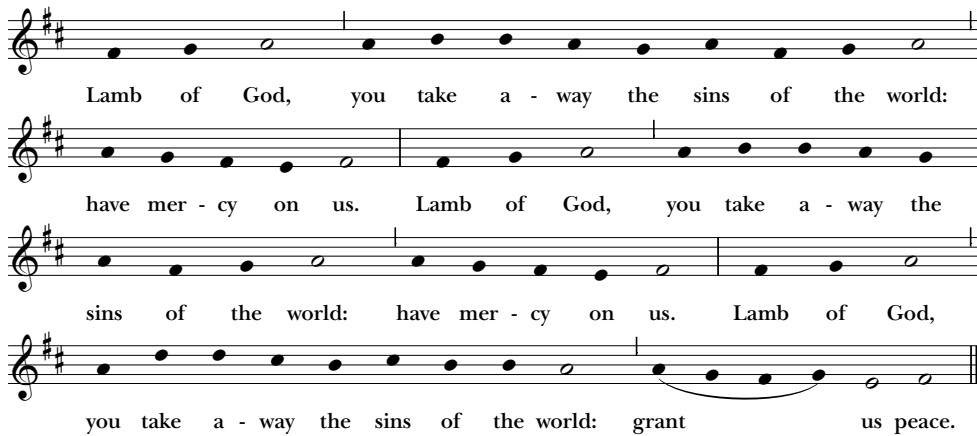
THE LORD'S PRAYER

Presider And now, as our Savior Christ has taught us, we are bold to say,
People **Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil, for thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

THE BREAKING OF THE BREAD, HYMNAL, S 161

David Hurd

Sung by all.



INVITATION [*The People are seated.*]

As Jesus welcomed all to his table, so do we at Holy Communion. The bread and the wine are the central symbols of God's presence and we invite you to share in the Eucharist in whatever way feels comfortable to you, regardless of age or tradition. We also offer gluten-free bread and unfermented grape juice as alternatives—just let the priest know. If you prefer to receive a blessing, cross your arms in front of your chest. The Holy Eucharist is an outward and visible sign of an inward and spiritual grace, a mutual indwelling of Christ in us and us in him. Come to the table and be joined into Christ's ministry of love and reconciliation.

AT THE DISTRIBUTION, HYMN 142 "Lord, who throughout these forty days"

St. Flavian

Sung by all.

THE POSTCOMMUNION PRAYER [*Said by all.*]

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace,

and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

THE SOLEMN PRAYER OVER THE PEOPLE

In Lent, in place of a seasonal blessing, a solemn Prayer over the People is used. The Presider says

Bow down before the Lord. *[All kneel.]*

The Presider continues with the prayer; the people respond

Amen.

AT THE CLOSING, HYMN 143 “The glory of these forty days”

Erhalt uns, Herr

Sung by all, standing.

DISMISSAL *[The people respond,]*

Thanks be to God.

CLOSING VOLUNTARY: Prelude on *Erhalt uns, Herr* (Hymn 143)

Ernst Pepping