



The Sixteenth Sunday after Pentecost  
Proper 19 – Shrine Mont Parish Retreat  
Church of the Holy Comforter – Vienna, Virginia  
The Holy Eucharist Rite II  
September 12, 2021 at 10:30 A.M.

AT THE GATHERING, HYMN 686 “Come, thou fount of every blessing”  
Sung by all, standing.

Nettleton

1 Come, thou fount of ev - ery bless - ing, tune my  
2 Here I find my great - est trea - sure; hith - er,  
3 Oh, to grace how great a debt - or dai - ly

heart to sing thy grace! Streams of mer - cy nev - er  
by thy help, I've come; and I hope, by thy good  
I'm con - strained to be! Let thy good - ness, like a

ceas - ing, call for songs of loud - est praise.  
plea - sure, safe - ly to ar - rive at home.  
fet - ter, bind my wan - dering heart to thee:

Teach me some me - lo - dious son - net, sung by  
Je - sus sought me when a stran - ger wan - dering  
prone to wan - der, Lord, I feel it, prone to

flam - ing tongues a - bove. Praise the mount! Oh, fix me  
from the fold of God; he, to res - cue me from  
leave the God I love; here's my heart, oh, take and

on it, mount of God's un - chang - ing love.  
dan - ger, in - ter - posed his pre - cious blood.  
seal it, seal it for thy courts a - bove.

THE OPENING ACCLAMATION

*Presider* Blessed be God: Father, Son, and Holy Spirit.

*People* **And blessed be his kingdom, now and for ever. Amen.**

*The Presider says the Collect for Purity*

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

GLORIA IN EXCELSIS, HYMN 899 [green hymnal]

Carl Haywood

*Sung by all.*



Glo - ry,



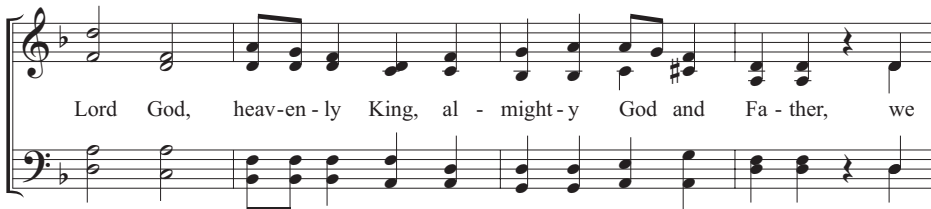
Glo - ry hal - le - lu - jah, Lord we praise your Ho - ly name, Glo - ry,



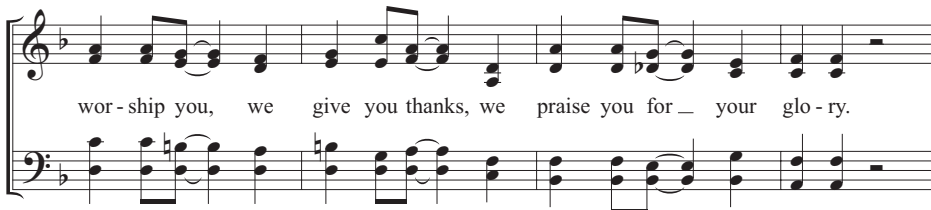
Glo - ry hal - le - lu - jah, Lord we praise your Ho - ly name. —



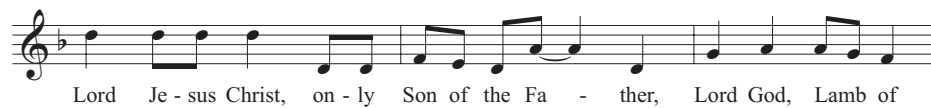
Glo - ry to God in the high - est, and peace to his peo - ple on earth. —



Lord God, heav - en - ly King, al - might - y God and Fa - ther, we



wor - ship you, we give you thanks, we praise you for — your glo - ry.



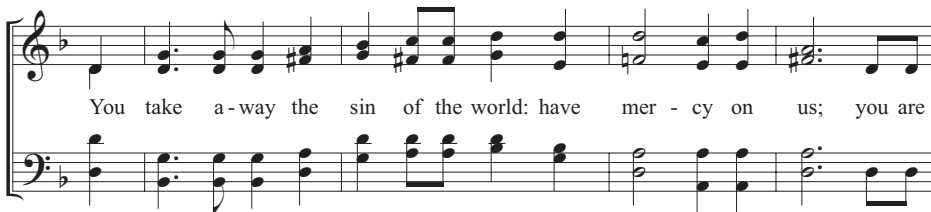
Lord Je - sus Christ, on - ly Son of the Fa - ther, Lord God, Lamb of



God. Glo - ry, Glo - ry hal - le - lu - jah, Lord we praise your Ho - ly name,



— Glo - ry, Glo - ry hal - le - lu - jah, Lord we praise your Ho - ly name.



You take a - way the sin of the world: have mer - cy on us; you are

seat-ed at the right hand of the Fa - ther: re - ceive our\_ prayer. For

you a - lone are the Ho - ly One, you a - lone are\_ the Lord,

you a - lone are the Most High, Je - sus Christ, with the  
Ho - ly Spi - rit, in the glo - ry of\_ the Fa - ther. Glo - ry,

*Descant*

Lord, Lord we praise you,  
Glo - ry hal - le - lu - jah, Lord we praise your Ho - ly name,

Lord, Lord, hal - le - lu - jah.  
Glo - ry, Glo - ry hal - le - lu - jah, Lord we praise your

Ho - ly name. A - - - men.

**THE COLLECT OF THE DAY**

The Lord be with you. **And also with you.** Let us pray.

O God, because without you we are not able to please you, mercifully grant that your Holy Spirit may in all things direct and rule our hearts; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

**THE WORD OF GOD**

**THE FIRST LESSON** [*The people are seated.*]

Isaiah 50:4-9a

The Lord GOD has given me the tongue of a teacher, that I may know how to sustain the weary with a word. Morning by morning he awakens—wakens my ear to listen as those who are taught. The Lord GOD has opened my ear, and I was

not rebellious, I did not turn backward. I gave my back to those who struck me, and my cheeks to those who pulled out the beard; I did not hide my face from insult and spitting. The Lord GOD helps me; therefore I have not been disgraced; therefore I have set my face like flint, and I know that I shall not be put to shame; he who vindicates me is near. Who will contend with me? Let us stand up together. Who are my adversaries? Let them confront me. It is the Lord GOD who helps me; who will declare me guilty?

The Word of the Lord.

**Thanks be to God.**

**PSALM 116:1-8** *Dilexi, quoniam*

- 1 I love the LORD, because he has heard the voice of my supplication, \*  
because he has inclined his ear to me whenever I called upon him.
- 2 The cords of death entangled me;  
the grip of the grave took hold of me; \*  
I came to grief and sorrow.
- 3 Then I called upon the Name of the Lord: \*  
“O LORD, I pray you, save my life.”
- 4 Gracious is the LORD and righteous; \*  
our God is full of compassion.
- 5 The LORD watches over the innocent; \*  
I was brought very low, and he helped me.
- 6 Turn again to your rest, O my soul, \*  
for the LORD has treated you well.
- 7 For you have rescued my life from death, \*  
my eyes from tears, and my feet from stumbling.
- 8 I will walk in the presence of the LORD \*  
in the land of the living.

**THE SECOND LESSON**

James 3:1-12

Not many of you should become teachers, my brothers and sisters, for you know that we who teach will be judged with greater strictness. For all of us make many mistakes. Anyone who makes no mistakes in speaking is perfect, able to keep the whole body in check with a bridle. If we put bits into the mouths of horses to make them obey us, we guide their whole bodies. Or look at ships: though they are so large that it takes strong winds to drive them, yet they are guided by a very small rudder wherever the will of the pilot directs. So also the tongue is a small member, yet it boasts of great exploits. How great a forest is set ablaze by a small fire! And the tongue is a fire. The tongue is placed among our members as a world of iniquity; it stains the whole body, sets on fire the cycle of nature, and is itself set on fire by hell. For every species of beast and bird, of reptile and sea creature, can be tamed and has been tamed by the human species, but no one can tame the tongue—a restless evil, full of deadly poison. With it we bless the Lord and Father, and with it we curse those who are made in the likeness of God. From the same mouth come blessing and cursing. My brothers and sisters, this ought not to be so. Does a spring pour forth from the same opening both fresh and brackish water? Can a fig tree, my brothers and sisters, yield olives, or a grapevine figs? No more can salt water yield fresh.

The Word of the Lord.

**Thanks be to God.**

**AT THE SEQUENCE, HYMN 711** “Seek ye first the kingdom of God”

*Seek Ye First*

*Sung by all.*

The image shows two staves of musical notation in G major (one sharp) and 4/4 time. The first staff begins with a '1' above the first measure. The lyrics are: 'Seek ye first the king - dom of God / Ask, and it shall be giv - en un - to you,'. The second staff continues with: 'and its right - eous - ness, and all these things shall be / seek, and ye shall find, knock, and the door shall be'. The melody is simple and suitable for congregational singing.

add - ed un - to you; Al - le - lu, al - le - lu - ia!  
o - pened un - to you; Al - le - lu, al - le - lu - ia!

*Refrain*  
Al - le - lu - ia, al - le - lu - ia,  
al - le - lu - ia,  
al - le - lu - ia!

**THE HOLY GOSPEL**

Mark 8:27-38

The Holy Gospel of our Lord Jesus Christ according to Mark.

**Glory to you, Lord Christ.**

Jesus went on with his disciples to the villages of Caesarea Philippi; and on the way he asked his disciples, “Who do people say that I am?” And they answered him, “John the Baptist; and others, Elijah; and still others, one of the prophets.” He asked them, “But who do you say that I am?” Peter answered him, “You are the Messiah.” And he sternly ordered them not to tell anyone about him. Then he began to teach them that the Son of Man must undergo great suffering, and be rejected by the elders, the chief priests, and the scribes, and be killed, and after three days rise again. He said all this quite openly. And Peter took him aside and began to rebuke him. But turning and looking at his disciples, he rebuked Peter and said, “Get behind me, Satan! For you are setting your mind not on divine things but on human things.” He called the crowd with his disciples, and said to them, “If any want to become my followers, let them deny themselves and take up their cross and follow me. For those who want to save their life will lose it, and those who lose their life for my sake, and for the sake of the gospel, will save it. For what will it profit them to gain the whole world and forfeit their life? Indeed, what can they give in return for their life? Those who are ashamed of me and of my words in this adulterous and sinful generation, of them the Son of Man will also be ashamed when he comes in the glory of his Father with the holy angels.”

The Gospel of the Lord.

**Praise to you, Lord Christ.**

**THE SERMON** The Rev. Jon C. Strand

*A brief period of silence is observed for reflection on the sermon. The people stand for the Creed.*

**THE NICENE CREED** [Said by all.]

**We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.**

**THE PRAYERS OF THE PEOPLE** [All remain standing.]

*Form III, Book of Common Prayer, p. 387*

*Intercessor* Father, we pray for your holy Catholic Church;

*People* **That we all may be one.**

*Intercessor* Grant that every member of the Church may truly and humbly serve you;

*People* **That your Name may be glorified by all people.**

*Intercessor* We pray for all bishops, priests, and deacons;

*People* **That they may be faithful ministers of your Word and Sacraments.**

*Intercessor* We pray for all who govern and hold authority in the nations of the world;

*People* **That there may be justice and peace on the earth.**

*Intercessor* Give us grace to do your will in all that we undertake;

*People* **That our works may find favor in your sight.**

*Intercessor* Have compassion on those who suffer from any grief or trouble;

*People* **That they may be delivered from their distress.**

*Intercessor* Give to the departed eternal rest;

*People* **Let light perpetual shine upon them.**

*Intercessor* We praise you for your saints who have entered into joy;

*People* **May we also come to share in your heavenly kingdom.**

*Intercessor* Let us pray for our own needs and those of others.

*The People may add their own petitions.*

## THE CONFESSION AND ABSOLUTION

*The Presider says*

Let us confess our sins against God and our neighbor. *[All kneel in silence.]*

**Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.**

*The Presider stands and says*

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

## THE PEACE

The peace of the Lord be always with you.

**And also with you.** *[The people greet one another with a sign of God's peace and are then seated.]*

## WELCOME & ANNOUNCEMENTS

## THE HOLY COMMUNION

AT THE PREPARATION OF THE TABLE, HYMN 554 " 'Tis the gift to be simple "

*Simple Gifts*

*Sung by all, standing.*

'Tis the gift to be sim - ple, 'tis the gift to be free,  
'tis the gift to come down where we ought to be,  
and when we find our - selves in the place just right,  
'twill be in the val - ley of love and de - light.

When true sim - pli - ci - ty is gained to  
 bow and to bend we shan't be a-shamed, to turn, turn, will  
 be our de-light till by turn - ing, turn - ing we come round right.

**THE GREAT THANKSGIVING** [*The people stand.*]

*Prayer 2, Enriching Our Worship*

*Presider* The Lord be with you.

*People* **And also with you.**

*Presider* Lift up your hearts.

*People* **We lift them to the Lord.**

*Presider* Let us give thanks to the Lord our God.

*People* **It is right to give our thanks and praise.**

*The Presider proceeds*

We praise you and we bless you, holy and gracious God, source of life abundant. [*The Presider continues.*]

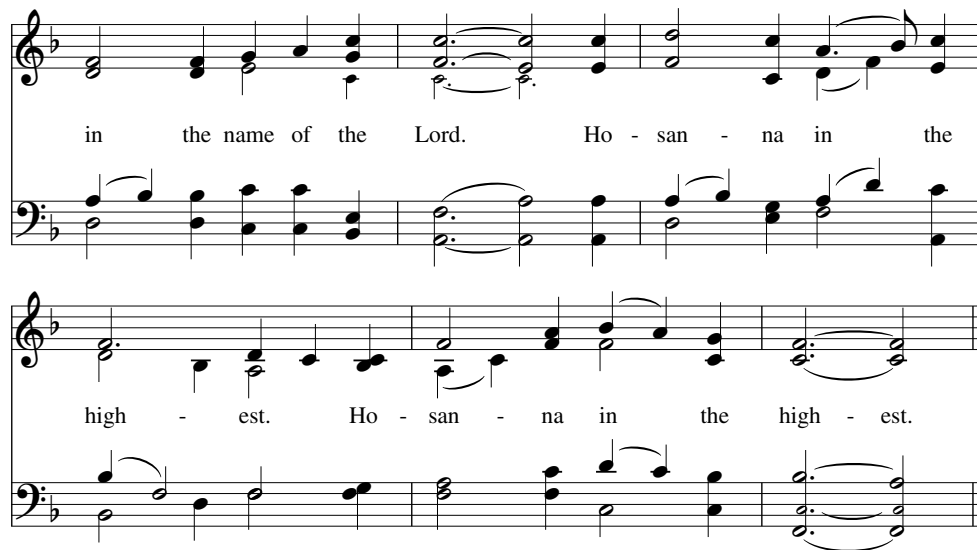
And so this day we join with Saints and Angels in the chorus of praise that rings through eternity, lifting our voices to magnify you as we sing:

**SANCTUS, HYMN 858** [*green hymnal*]

*Land of Rest*

*Sung by all.*

Ho - ly, ho - ly, ho - ly Lord, God of power and  
 might, heaven and earth are full of your glo - ry. Ho -  
 san - na in the high - est. \* Bless - ed is he who comes



in the name of the Lord. Ho - san - na in the high - est. Ho - san - na in the high - est.

*The Presider continues and gives thanks to God for the reconciling work of Christ and prays over the bread and wine.*

*The Presider continues*

In the fullness of time bring us, with all your saints, from every tribe and language and people and nation, to feast at the banquet prepared from the foundation of the world.

Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever. **AMEN.**

#### THE LORD'S PRAYER

*Presider* And now, as our Savior Christ has taught us, we are bold to say,

*People* **Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil, for thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

#### THE BREAKING OF THE BREAD

*Presider* Alleluia. Christ our Passover is sacrificed for us.

*People* **Therefore let us keep the feast. Alleluia.**

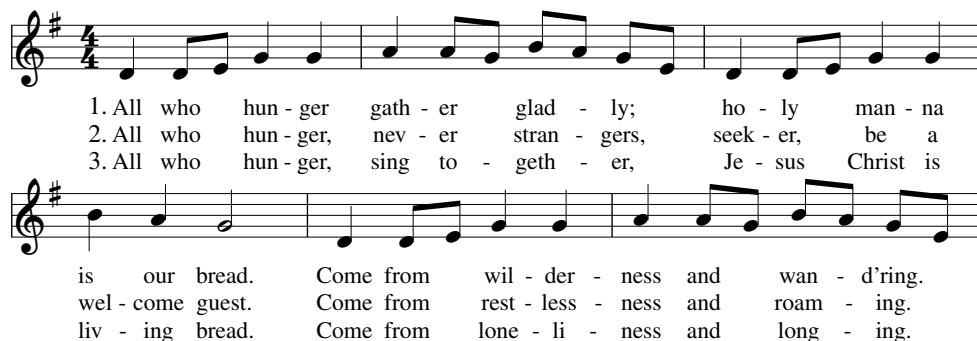
#### INVITATION *[The People are seated.]*

*As Jesus welcomed all to his table, so do we at Holy Communion. The bread and the wine are the central symbols of God's presence and we invite you to share in the Eucharist in whatever way feels comfortable to you, regardless of age or tradition. We also offer gluten-free bread—just let the priest know. If you prefer to receive a blessing, cross your arms in front of your chest. The Holy Eucharist is an outward and visible sign of an inward and spiritual grace, a mutual indwelling of Christ in us and us in him. Come to the table and be joined into Christ's ministry of love and reconciliation.*

#### COMMUNION MUSIC *[Sung by all.]*

HYMN 761 *[green hymnal]* "All who hunger gather gladly"

*Holy Manna*



1. All who hun - ger gath - er glad - ly; ho - ly man - na  
 2. All who hun - ger, nev - er stran - gers, seek - er, be a  
 3. All who hun - ger, sing to - geth - er, Je - sus Christ is  
 is our bread. Come from wil - der - ness and wan - d'ring.  
 wel - come guest. Come from rest - less - ness and roam - ing.  
 liv - ing bread. Come from lone - li - ness and long - ing.



Here in truth we will be fed. You that yearn for  
 Here, in joy we keep the feast. We that once were  
 Here, in peace, we have been fed. Blest are those who  
 days of full - ness, all a - round us is our food.  
 lost and scat - tered in com - mun - ion's love have stood.  
 from this ta - ble live their days in grat - i - tude.  
 Taste and see the grace e - ter - nal.  
 Taste and see the grace e - ter - nal.  
 Taste and see the grace e - ter - nal.  
 Taste and see that God is good.

**THE POSTCOMMUNION PRAYER** [*Said by all.*]

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

**THE BLESSING**

AT THE CLOSING, HYMN 812 [*green hymnal*] "I, the Lord of sea and sky"  
*Sung by all, standing.*

*Here I am, Lord*

1. I, the Lord of sea and sky, I have heard my  
 2. I, the Lord of snow and rain, I have borne my  
 3. I, the Lord of wind and flame, I will tend the  
 peo - ple cry. All who dwell in dark and sin  
 peo - ple's pain. I have wept for love of them.  
 poor and lame. I will set a feast for them.  
 My hand will save. I who made the stars of night,  
 They turn a - way. I will break their hearts of stone,  
 My hand will save. Fin-est bread I will pro - vide  
 I will make their dark - ness bright. Who will bear my  
 Give them hearts for love a - lone. I will speak my  
 Till their hearts be sat - is - fied. I will give my  
 light to them? Whom shall I send?  
 word to them. Whom shall I send?  
 life to them. Whom shall I send?

Here I am, Lord. Is it I, Lord? I have heard you  
call-ing in the night. I will go, Lord, if you lead me.  
I will hold your peo - ple in my heart.

**THE DISMISSAL** [*The people respond,*]

**Thanks be to God.**