Wellness and Spirituality: Moving Forward



Church of the Holy Comforter
543 Beulah Road, NE, Vienna, VA 22180

From the Rector

Dear Holy Comforter Family,

From the murmurings about a possible pandemic, to the sudden stay-at-home orders, to constant mask wearing and physical distancing—this year has been unlike any other. Thankfully, our Holy Comforter staff was ready to pivot when we got the news that our church would be closed for worship and gatherings beginning March 13, 2020.

From then on, we have strived to maintain and deepen our connections to Christ's ministry together wherever possible: beginning with pre-recorded worship services, to Faith-in-the-Time of Corona reflections, to Zoom worship and coffee hours, outdoor youth meetings and retreats over Zoom, outdoor worship services including pop-up and drive-in style, and live-streamed church—we adapted! Our Drive-Thru LIVE Nativity was a joyful surprise hit! Studying our Sacred Ground curriculum for racial reconciliation with members of our congregation was a sincere privilege. Pennywise Thrift Shop moved to the front circle, then successfully back into our new store!

Thanks to David Kelley, our Minister of Music, and our choirs, the quality of our Sunday worship became remarkable—bringing together voices one-by-one into a marvelous whole. Ann+'s background in film was invaluable! Our comfort with uploading and sharing large video files, creating small groups and Compline over Zoom, and tending to camera resolutions and angles made for a steep learning curve that has continued. Andrew Eastman became our virtual verger and Randy McGuire enabled a new transition to live-streaming, which we will use for years to come.

This pandemic caused us to dramatically increase our online presence and witness, which will remain well after this crisis. Former parish members have reconnected, and we now can as easily welcome members from Richmond to Australia! Peggy, Liz, Elys, Denis, Brynn, Patti, Jackie+, Ann+, David, Tom, and Victor and our whole ministry team of staff and leaders have continued to serve with creativity and grace everywhere. Please thank all our staff, leaders, and teachers whenever you see them. Special thanks to the tremendous ministry of Linda Meyers who navigated the myriad of challenges

running our Holy Comforter preschool and kindergarten with remarkable warmth, skill, and persistent care. Peggy's attention to our finances was amazing as always.



Holy Comforter Clergy and Staff

As a congregation, you have been so generous and flexible—thank you! Even though we lost income through rentals you met our pledge commitments at 100%, and you gave generously to those who most needed financial support. You kept up and strengthened your ministries in varied ways. In many ways we have never been more connected—the virtual platforms have allowed for certain connections to become easier than before.

I am deeply grateful to serve among you as priest and Rector, as we are guided by the Holy Spirit. As a favorite spiritual goes: "Lead me, guide me along the way for if you lead me, I will not stray. Lord let me walk each day with thee, lead me O Lord, lead me."

With love in Christ,

Jont

The Rev. Jon Strand Rector

January



Faith in Action New Year's Exercise Class



On January 10 the Senior Saints are joined by the Rev. Ann Gillespie, who speaks about her personal journey to the ministry and to Holy Comforter.

On January 19 the Food 4 Thought packing party produces 100 "power packs" for kids in need at Marshall Road Elementary School.



On January 12 the Youth Group provides hardboiled eggs and bottled water to our Fairfax County neighbors in need.





Faith in Action Sunday School Class

February



On February 22, the ECW workshop is a morning of meditation, reflective exercises, and journaling.







March

On March 6 the Senior Saints gather for lunch and a Trivia Game—their last gathering before the Coronavirus lockdown.

On Sunday, March 22 we offer our first digital worship service and digital Children's Chapel.





The March 8 Voice Recital features parishioners Melissa Graham, Soprano and Linda Murray, Soprano, accompanied by George Peachey on Piano.



The Kelleys sing for our first digital Compline.



On March 22, the Central Farm Market begins setting up in the lower church parking lot every Sunday.



April

Digital Palm Sunday Eucharist

The Virtual Marriage Retreat focuses on communication, featuring parishioner and Clinical Psychologist, Amy Heard Davison.



Digital Storytime for children

Holy Comforter weekly Zoom Staff meeting

May





On May 22, Holy Comforter Episcopal Preschool and Kindergarten closes its school year with a very special "Drive Bye."



Creative digital worship services continue.



On May 31, Pennywise Thrift Shop sets up the first outdoor Pop-up Shop on the front circle of the church.

June



On June 15, Children who use the nursery get a visit from a staffer delivering gift bags with their favorite Holy Comforter snack, as well as a book and other surprises.

On June 19,
Holy Comforter
parishioners,
clergy, and friends
turn out for the
Juneteenth Rally of
Remembrance—an
evening of prayer
and protest against
racial injustice.







Our Virtual Hogwarts VBS takes place June 22–26.

Our first Outdoor Pop-up Church happens on June 27.



July

Outdoor Pop-up Church is going strong.



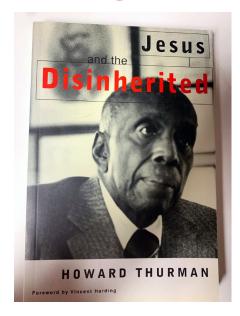




On July 25 we offer the first "Navigating the New Normal: Finding God in Your Body" Zoom yoga with the Rev. Ann Gillespie.



August





A 4-part Book Study on "Jesus and the Disinherited" by African-American theologian and civil rights leader Howard Thurman, focuses on racial inequality and nonviolent responses to injustice.

On August 1, Confirmation students, parents, and mentors gather on the front circle for the Service of Wisdom, a celebration of the completion of the 2019–2020 Confirmation curriculum.





On August 23, the Rev. Jon Strand celebrates Eucharist virtually, from Shrine Mont.

September

Youth Game Day on September 13





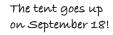




Through Sacred Ground, a film- and readings-based dialogue series on race and faith, 30+parishioners share a virtual spiritual journey, seeking a heightened personal awareness and more mature understanding of racial issues in the context of faith (September-January).

Prayer in Practice explores a variety of types of prayer and spiritual practices (September-December).





October

Blessing of the Animals on October 3











November

In our "Fall Life Snapshots" digital meditations, parishioners share pictures showing how they are making memories during this challenging time:



The Hedleys share how their granddaughter's sealed, inflated Halloween costume enables them to give her a loving, COVID-safe squeeze!



On November 8 we offer our first Virtual Organ Recital Featuring Dr. David Kelley.

Shobha Verghese shares the wedding anniversary gift she created for her daughter and son in law.



December



On December 19 our Drive-Thru LIVE Nativity draws at least 1,000 people!



On December 20, Libby and Marty Cammiso light the Advent candles for our Livestream Worship Service.

The Youth-Led Worship Service, "Creating Christmas Cheer," premieres on December 23.





The virtual choir sings "Silent Night" by candlelight for the Christmas Eve service video.



On Christmas Day Jim Menke ushers 25 people outdoors in 28 degree weather!

Resources and Sharing

The following charts were prepared by consolidating ministry reports to give an overall picture of Holy Comforter's income resources and expenses.

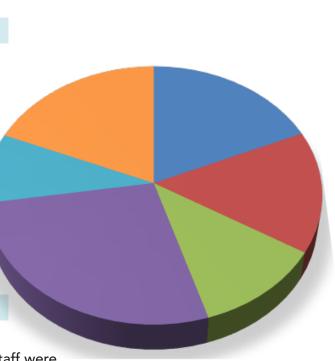
2020 Income

Pledges	59%	\$1,076,027	
Loose Checks	4%	\$73,070	
Loose Cash	0%	\$2,657	
ECW Pledge	0%	\$8,385	
Interest & Fees	0%	\$6,340	
Rent	0%	\$8,663	
Other Income	0%	\$1,880	
Outreach Offerings	6%	\$111,991	
Pennywise Thrift Shop	0%	\$0	
Coffee Hour	0%	\$0	
Special Events	0%	\$1,152	
Tuition	27%	\$483,739	
Registration Fees	1%	\$9,535	
Fundraising	0%	\$2,760	
Auction Proceeds	1%	\$26,045	
Afternoon Adventures Program	0%	\$4,220	
Early Risers Program	0%	\$2,370	
Summer Camp	0%	\$399	
Kindergarten Book Fee	0%	\$2,938	
Total		\$1,822,171	



Worship	18%	\$333,810
Formation	15%	\$275,824
Welcome & Pastoral Care	12%	\$209,607
Outreach	27%	\$495,021
Willing Generosity	9%	\$159,479
Our Church Home	19%	\$338,277
Total		\$1.812.018

Note: Compensation and benefits expenses for all paid staff were allocated to the various categories according to the percentages of each employee's time spent engaged with that category.



Ministry Contact List (as of 2-22-21)

Acolytes and Vergers

June Harper (borealchick@aol.com)

Addiction & Recovery Care

Alexandra MacCracken (alexandram.gpc@gmail.com)

Adult Faith Formation Team

Norma Williamson (williamsonwork@aol.com)

Altar Guild

Lolly Mixter (Iollymix@gmail.com)

Audio/Visual

Randy McGuire (rlmav8r@cox.net)

Britepaths

Susan McGuire (osusnna@cox.net)

Childcare Center

Patti Boerger (pboerger@holycomforter.com)

Children's Ministries

Brynn Pacitti (bpacitti@holycomforter.com)

Coffee Hour

Chris Doyle (chris_e_doyle@hotmail.com)

Diocesan Representative/Region V

June Harper (borealchick@aol.com)

Education for Ministry (EfM)

Margaret Bain (margarethbain@gmail.com)

Lillian O'Connell (mslillian413@gmail.com)

Julie Nutter (julie.nutter@gmail.com)

Sue van der Veer (scvanderveer@verizon.net)

Endowment Board

Bob Bruce (rwbruce1@cox.net)

Episcopal Church Women (ECW)

Kathy Orchard-Hays (kathyooh@gmail.com)

Eucharistic Ministers

Sherryl Dorch (sherryldorch@gmail.com)

FACETS

Winifred Conkling (winifred.conkling@verizon.net)

Food4Thought

Susan McGuire (osusnna@cox.net)

Amy Davison (arheard@gmailcom)

Foyers

Shelia Creswell (screswell@verizon.net)

Gestalt Pastoral Care

Alexandra MacCracken (alexandram.gpc@gmail.com)

Greeters

Jeanne Firey (jeannefirey@gmail.com)

Habitat for Humanity

Russ van der Veer (prvanderveer@gmail.com)

Healing Ministry

Alexandra MacCracken (alexandram.gpc@gmail.com)

Hypothermia Shelter

Alex Graham (agraham160@aol.com)

Holy Comforter Episcopal Preschool & Kindergarten

Linda Meyers (Imeyers@holycomforter.com)

Lectors & Intercessors

Sherryl Dorch (sherryldorch@gmail.com)

Listening Hearts

Frances Sullinger (fsullinger@verizon.net)

Manna Makers

Lolly Mixter (lollymix@gmail.com)

Marathon Bridge

Brian & Luanne Obert (obert04@aol.com)

Marriage Ministry

Katie Krogh (katiekrogh@gmail.com)

Memorial Gifts

Peggy Miller (pmiller@holycomforter.com)

Men's Fellowship Group

Randy McGuire (rlmav8r@cox.net)

Moms' Group

Amy Britton (amy.c.britton@gmail.com)

Music Ministry

David Kelley (dkelley@holycomforter.com)

Newcomers Ministry

Harriet Church (harrietchurch@gmail.com)

Open Circles - Church Office

Outreach Team

Joni Langevoort (jlangevoort@gmail.com)

Pennywise Thrift Shop

Mary Coulombe (marycoulombe@gmail.com)

Prayer Chair

Mary Ann Barton (maryannbarton@hotmail.com)

Prayer List (Sunday Bulletin)

Shelia Creswell (screswell@verizon.net)

Prayer Shawl Ministry

Linda Becht (lbaileybect@gmail.com)

Relationship Recovery Group

Alexandra MacCracken (alexandram.gpc@gmail.com)

Remembrance Reception Chair

Wesley Harrison (wesleyharrison@cox.net)

Samaritan Ministry

Chris Jones (rcjones@gmu.edu)

Saturday Evening First Saturday Social

Chris & Jeanna Spielmann (chris@spielmannstudio.com)

Senior Saints

Richard & Barbara Fitzsimmons (rfitzs@gmail.com) Frank & Linda Gamboa (lindamgamboa@gmail.com)

Stephen Ministry

Linda Murray (linmurray@cox.net)

Winifred Conkling (winifred.conkling@verizon.net)

Stewardship of Creation

Chris Jones (rcjones@gmu.edu)

Ushers

Cathy & Clyde Clark (clark10131@verizon.net)

Vacation Bible School

Linda Lee Malone (vbs@holycomforter.com)

Vestry Senior Warden

Kari Govan (kari@govangroup.com)

Vestry Junior Warden

Jason Crum (jasoncrum@yahoo.com)

Youth Ministries

Denis McMullan (dmcmullan@holycomforter.com)